

Standalone Continuous Glucose Monitors (CGM) in people with diabetes

The following people with diabetes are eligible for Continuous Glucose Monitoring - CGM should be provided by a team with expertise in its use, as part of supporting people to self-manage their diabetes. (NICE Guidelines: [NG17](#), [NG18](#) & [NG28](#))

- Type 1 diabetes (if the person has an insulin pump, consider offering CGM with appropriate connectivity/functionality)
- Secondary or other forms of diabetes on insulin therapy (includes previous eligibility criteria for access) e.g.
 - diabetes associated with cystic fibrosis.
 - diabetes on haemodialysis with intense monitoring >8 times a day
 - pancreatogenic (type 3c) diabetes
- Type 2 diabetes on multiple daily insulin injections if any of the following apply:
 - they have recurrent hypoglycaemia or severe hypoglycaemia.
 - they have impaired hypoglycaemia awareness.
 - they have a condition or disability (including a learning disability or cognitive impairment) that means they cannot self-monitor their blood glucose by capillary blood glucose monitoring but could use a CGM device (or have it scanned for them).
 - they would otherwise be advised to self-measure at least 8 times a day.
 - require help from a care worker or healthcare professional to monitor their blood glucose.
- For people who are pregnant consider CGM for those who are on insulin therapy but do not have type 1 diabetes, if: ([NICE NG3](#))
 - they have problematic severe hypoglycaemia (with or without impaired awareness of hypoglycaemia) or
 - they have unstable blood glucose levels that are causing concern despite efforts to optimise glycaemic control.

Preferred choices in people with type 1 diabetes:

Age	All CGM Options have follow-app functionality
2-3 years	<u>First line:</u> FSL3 Plus <u>Second line:</u> Dexcom G7
4-18 years	<u>First line:</u> FSL 2 Plus (consider FSL3 Plus in smaller children <12years with smaller arms) <u>Second Line:</u> Dexcom ONE+
19 years and above	<u>First line:</u> FSL 2 Plus <u>Second line:</u> Dexcom ONE+

Preferred choices for eligible people with type 2 diabetes:

<u>First line:</u> FSL 2 Plus (NB: People aged < 18 years should be prescribed in line with preferred choices for people with type 1 diabetes – see above)
<u>Second line:</u> Dexcom ONE+

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