

[BLMK ADHD children and young people shared care guideline](#) - Amber SCG

This guidance has been updated in for use across the ICS. It now includes information on dexamfetamine, driving (as provided by the DVLA), pregnancy and breast feeding.

Nephrotrans® - SpIS

In patients who cannot tolerate sodium bicarbonate 500mg capsules due to gastric side effects, treatment discontinuation leads to patients feeling unwell and difficulty in managing metabolic acidosis which may lead to further deterioration in kidney function. Nephrotrans, sodium hydrogen carbonate 500mg gastro-resistant capsules, were approved as a second line option for adults with chronic kidney disease (eGFR <30ml/min/1.73² and a serum bicarbonate <20mmol/litre). Nephrotrans should only be initiated, titrated and stabilised by the renal specialists. There is the potential for GPs to switch patients on the more expensive sodium bicarbonate 600mg tablets to Nephrotrans for a cost saving of around £250 per patient per year.

Liraglutide biosimilar, Zegluxen®- Green

Victoza® (liraglutide) is a GLP-1 receptor agonist and the originator product licensed for managing type 2 diabetes mellitus in adults and children over 10 years old. Some patients prefer this once daily GLP-1 RAs to the once weekly alternatives due to better tolerability. However, Victoza was discontinued in December 2024. The Zegluxen® pen is similar to Victoza and the cost effective choice currently.

Intravaginal progesterone for HRT® - SpIS

Endometrial protection in the form of progesterone is required for women with a womb/endometriosis who are on HRT via a variety of licensed options such as oral body identical (micronised progesterone), oral synthetic, transdermal synthetic and IUS (Mirena coil). However, a minority of women struggle with severe side effects (bloating, breast tenderness, drowsiness, fatigue, and mood disturbance) to a variety of products and they are classed as “progesterone intolerant”. For these women the remaining option is vaginal administration of progesterone and this is included in [guidance from the British Menopause Society](#).

Agreed formulary options (SpIS):

- First line: oral micronised progesterone 100mg capsules inserted vaginally (off label).
- Second line: progesterone (Cyclogest®) 200mg pessaries (off-label use for HRT where micronised progesterone oral, used vaginally, has not been tolerated). Intravaginal progesterone for HRT is only for initiation and stabilisation by a Consultant Endocrinologist/Gynaecologist or a primary care clinician who has relevant experience and is clinically competent to prescribe.

Omalizumab biosimilar, Omlyclo® - Red

The originator brand (Xolair®) is indicated for severe persistent allergic asthma, NICE TA278 (NHSE commissioned) and previously treated chronic spontaneous urticaria, NICE TA339 (ICB commissioned). A national procurement process has been undertaken to make Omlyclo available for use in the NHS. Omlyclo will result in cost savings to the NHS.

Calcium and Vitamin D formulary alignment

NICE CKS for osteoporosis recommends prescription of calcium and vitamin D depending on calcium intake and low vitamin D risk factors such as being house bound or in a nursing home (800IU daily).

The table gives the preferred options for new initiations. The hospitals will continue to supply their contract brands.

First line Chewable once daily tablet	Calci-D ¹
	Accrete D3 One a day ¹ TheiCal-D3 ¹
Non-chewable	Accrete D3
	Adcal D3 ¹
Effervescent	ColeKal-D3 Dissolve ¹
	Cacit D3 Dissolve ²

1. Suitable for vegetarians and patients allergic to peanuts, soya or soya bean.

2. NEWT recommendation if via feeding tube

Budesonide 4mg suppositories - SpA

This preparation has been included for mild to moderate ulcerative proctitis, which affects 30-50% of ulcerative colitis patients. Early initiation can prevent deterioration and the risk of disease progression. The dose is 4mg once daily for 6-8 weeks. The current option available on the formulary is prednisolone 5mg suppositories, however, budesonide suppositories may be better tolerated and are significantly more cost effective.

Fluoride toothpaste on prescription - Red

ENT and head and neck consultants may prescribe if a long-term prescription is required or if required for in patients.

Review, update and alignment of the oral epilepsy treatments on the formulary

The recommendations take into account the recent updates to NICE Guideline NG217: Epilepsies in children, young people and adults. Amber SpA formulary designation assigned to treatments in NG217 and there is current prescribing, amber SpIS when the treatment is more specialised, and the patient is likely to be under a tertiary provider and red where the medicine has an associated patient access scheme / commercial arrangement.

Blood glucose and ketone testing

The [table for the preferred blood glucose and ketone meters](#) has been updated on the formularies with their corresponding test strips.