



### BLMK preferred blood and ketone meters.

- **Category 1a & 1b** - Meters and strips which are suitable for most people with type 1 and ketosis prone type 2 diabetes. Most people with T1DM (especially if at risk of DKA) will need a meter with a ketone testing functionality even if using a CGM device. Also included in this category are those who may have received structured education on additional functionality such as carbohydrate counting.
- **Category 2** - Meters and strips which are suitable for most people with Type 2 diabetes (~ 90% of eligible T2DM patients will be suitable for these meters)
- **Category 3** - Meters and strips which are suitable for people with Type 2 diabetes that require additional functionality.

Group	Meter	Strips: Cost per pack	Lancets	Cost per pack	Customer Support
1	4Sure Smart Duo	£8.99 /50 strips  £9.92 /10 strips(ketones)	4SURE (0.32mm/30G & 0.195mm/33G)	£2.90/100	<b>Tel:</b> 0800 08 588 08 (free of charge) <b>Email:</b> <a href="mailto:diagnostics-uk@nipro-group.com">diagnostics-uk@nipro-group.com</a>
	Care Sens Dual	£9.95 /50 strips  £9.95 /10 strips(ketones)	CareSens (0.36mm/28G & 0.31mm/30G)	£2.95/100	<b>Tel:</b> 0800 881 5423 <b>Email:</b> <a href="mailto:cs@spirit-healthcare.co.uk">cs@spirit-healthcare.co.uk</a>
2	Finetest Lite Smart	£5.35 /50 strips	Greenlan(28G)	£3.00/100	<b>Freephone Helpline:</b> 0800 0093378 <b>Email:</b> <a href="mailto:info@neondiagnosics.co.uk">info@neondiagnosics.co.uk</a>
	CareSens S Fit BT	£5.45 /50 strips	CareSens (0.36mm/28G & 0.31mm/30G)	£2.95/100	<b>Tel:</b> 0800 881 5423 <b>Email:</b> <a href="mailto:cs@spirit-healthcare.co.uk">cs@spirit-healthcare.co.uk</a>
	Contour Plus Blue	£5.95 /50 strips	Microlet (0.5mm/28G)	£2.99/100	<b>Tel:</b> 0345 600 6030 or 0800 170 1060 <b>Email:</b> <a href="mailto:diabetessupport@ascensia.com">diabetessupport@ascensia.com</a>
	Glucorx Q	£5.45 /50 strips	Glucorx 0.31mm/30G	£4.50/200	<b>E-Mail:</b> <a href="mailto:info@glucorx.co.uk">info@glucorx.co.uk</a> <b>Orders:</b> <a href="mailto:orders@glucorx.co.uk">orders@glucorx.co.uk</a> <b>Tel:</b> 01483 755133 / 0800 007 5892 (freephone)
	Palmdoc 2	£5.90 /50 strips	Palmdoc(0.38mm/30G)	£2.85/100	<b>Tel:</b> 0800 994 9995 <b>Email:</b> <a href="mailto:hello@palmdoc.co.uk">hello@palmdoc.co.uk</a>

3	Wavesense Jazz(wireless)	£8.74 /50 strips	Agamatrix Ultra-Thin (0.2mm/33G & 0.35mm/28G)	£5.43/200	<b>Tel:</b> 0800 093 1812 (Freephone) <b>Email:</b> <a href="mailto:customercare@agamatrix.co.uk">customercare@agamatrix.co.uk</a>
	Palmdoc 2 - for multilingual/speaking features	£5.90 /50 strips	Palmdoc(0.38mm/30G)	£2.85/100	<b>Tel:</b> 0800 994 9995 <b>Email:</b> <a href="mailto:hello@palmdoc.co.uk">hello@palmdoc.co.uk</a>
	GlucorX Nexus Voice (2 <sup>nd</sup> line option speaking meter registered blind/visually impaired)	£8.50 /50 strips	GlucorX 0.31 mm/30G	£4.50/200	<b>E-Mail:</b> <a href="mailto:info@glucorx.co.uk">info@glucorx.co.uk</a> <b>Orders:</b> <a href="mailto:orders@glucorx.co.uk">orders@glucorx.co.uk</a> <b>Tel:</b> 01483 755133 / 0800 007 5892 (freephone)

Key-  Included in the NHSE recommendations.  
 Not included in the NHSE recommendations