

**BEDFORDSHIRE, LUTON AND MILTON KEYNES AREA
PRESCRIBING COMMITTEE (APC)**

**CONTINENCE APPLIANCE PRESCRIBING
GUIDELINES**

The following organisations contribute to and participate in the BLMK APC – Bedfordshire, Luton and Milton Keynes Integrated Care Board; Bedfordshire Hospitals NHS Foundation Trust; Cambridgeshire Community Services NHS Trust; Central and North West London NHS Foundation Trust; East London NHS Foundation Trust; Milton Keynes University Hospital NHS Foundation Trust

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INTRODUCTION

Over prescribing and over-ordering of continence products are frequently identified in primary care as an important cause of wasteful prescribing. Prescribers are also often unfamiliar with the differing needs of incontinence patients, the products available and the specific ordering requirements for continence appliances and accessories.

This document aims to provide guidance to facilitate continence care in line with NICE guidance and facilitate the cost effective and rational prescribing of continence appliances. It has been developed with input from primary and secondary care health care professionals.

Product choices have been based on clinical effectiveness, experience of use and cost effectiveness.

The products recommended should be the first choice and would be suitable for the majority of patients. However, patients are individuals and after a clinical assessment it may be appropriate to choose an alternative product, which would be more effective in specific cases. Justification for choosing alternative products should be documented in the patient's electronic records.

The formulary will be updated regularly to reflect innovations in practice and new, evaluated products.

ASSESSMENT

A comprehensive continence assessment is required before considering any continence appliance. Alternative management options should be considered first because of the risk of catheter acquired urinary tract infection (CAUTI). Catheterisation should be used as a last resort and only when at least one of the following have been met:

1. Pre / post-surgery
2. Monitoring Renal function hourly during critical illness
3. Chronic urinary retention, only if symptomatic and/ or renal compromise
4. Acute urinary retention
5. Allowing bladder irrigation/lavage
6. Bypassing an obstruction
7. For investigative purposes such as urodynamics
8. Instillation of medication e.g. chemotherapy

9. Where it is viewed as appropriate for the patient to use a catheter, for example in end of life care to minimise distress and discomfort following joint discussion with patient and/or carer.

Patients should be regularly reviewed to confirm continued need, and/or assess changes, taking into account new products and developments which may better suit the patient's need, in accordance with the Formulary. Catheterisation should be discontinued as soon as it is clinically appropriate to do so. The clinical indication for catheterisation and frequency of review must be documented in the patient's records.

GENERAL PRESCRIBING POINTS

1. Include full details of product required – prescription requests should include full details of the required product (including drug tariff product order code) to ensure the correct size, type, quantity and gender (for catheters) are ordered. Drug tariff order codes are those required when requesting continence appliances on FP10 prescriptions.
2. Do not prescribe generically - the brand of the continence appliance or device should be stated to ensure continuity of supply. There are differences between individual products in terms of specification.
3. Clearly state the quantity of product required – always order in multiples of minimum pack size for the products as stated in this guide. Avoid use of the term 'OP' (or original pack) as it may be interpreted as a single item or piece. Also, pack sizes often differ between products and patients may receive inappropriate amounts if the quantity is not clearly stated. The Drug Tariff lists the pack sizes available for different products – see prescribing guide table for minimum pack size for each product. When new products are being tried, prescribe the minimum quantity to minimise wastage.
4. Encourage the patient or patient's carer to request repeat prescriptions via the GP practice instead of via the appliance contractor. This ensures the GP practice controls what the patient receives and not the supplier (i.e. the same control that a GP uses when issuing prescriptions for medicines)

ORDERING SUPPLIES

- Community pharmacy – should stock the most common products, but 48 hours may be required to order some continence products.
- Dispensing appliance contractors (DAC) – a prescription must be authorised by the prescriber prior to any ordering / delivery, this will prevent excessive ordering, both in quantity and frequency. GP Practices should not issue prescriptions retrospectively for the DAC.

- When a catheter product is no longer required or has been changed, GP practices should ensure computer systems are updated and repeats are removed for the discontinued item. Overuse of items should prompt referral to the continence nurse specialist for review.
- Attention is drawn to NPSA RRR02, Female urinary catheters causing trauma to adult males, issued 30 April 2009. Vigilance is urged when prescribing or using catheters in men.
- Patients should be assessed individually. The optimum time for re-catheterisation should be established. The average period of use is 8-12 weeks. Alternative management options should be considered first in view of the complication associated with long-term catheterisations (Rigby 1998, Sabbuba et al 2002).
- A prescription must be authorised by the prescriber prior to any ordering / delivery of catheters, this will prevent excessive ordering, both in quantity and frequency.
- It is important that the correct size catheter is prescribed for the individual. Except in exceptional circumstances, no more than a size 14ch should be used for female urethral catheterisation and no more than a 16ch standard length for a male. For suprapubic catheterisation, use standard length. No less than a size 14ch catheter should be used to avoid insertion and removal trauma.
- **All catheters listed have universal fittings for any make of leg or night bags.**
- If problems persist, i.e. frequent re-catheterisation, bypassing, blocking, contact your Catheter Lead Nurse for advice.
- Prescribe three urinary catheters initially and then one at a time. More than 12 in a year consider changing to medium term catheter.

Prescription Ordering Guide for Commonly Prescribed Appliances

Product Category	Recommended frequency of change	Standard Pack Sizes	Recommended Order Quantity on Prescription
Long term Indwelling Permanent Catheters – hydrogel coated latex, all silicone catheters	Up to 8-12 weeks (Licensed for use up to 12 weeks)	1 unit	2 on repeat Rx (3 can be prescribed on initial acute Rx only)
Short term Indwelling catheters – PTFE coated latex	Licensed for use up to 28 days	1 unit	2 on repeat Rx (3 can be prescribed on initial acute Rx only)
Single intermittent use catheters	5-6 times daily	1 x 30units or 1 x 25units	Up to 150-180 units per month

Product Category	Recommended frequency of change	Standard Pack Sizes	Recommended Order Quantity on Prescription
Urine Collection Leg Bags – usually short tube for women and long tube for men	1 bag every 7 days	1 x 10	1 x 10 approximately every 2 months
2L Night drainage collection bags. Non sterile –single use for connecting to leg bag overnight.	1 bag per night	1 x 10	3 x10 is 30 days' supply
Sterile Drainable with tap for connecting directly to catheter for bed bound patient	1 bag every 7 days	1 x 10	1 pack 10 sterile bags is approximately 2 months' supply
Catheter straps –go around thigh to secure catheter to leg to stop catheter kinking and minimize trauma	1 + 1 to wash	1 x 5	Maximum 2-3 packs per year
Leg bag sleeves – additional security to keep leg bag in place either in addition to or instead of leg bag straps	1 pack of 4 every 3- 4 month	1 x 4	Max 3 - 4 packs per year
Leg bag straps - additional security to keep leg bag in place	1 -2 pairs a month	1 x 10	1 - 2 box of 10 straps per year
Catheter Valves – for use with indwelling catheters as alternative to leg bags.	1 valve every 5-7 days	1 x 5	1 pack of 5 per month (25-35 days)
Catheter lubricant gel – non lidocaine & lidocaine-based options	1 for every catheter insertion	1 x 6ml - female 1 x 11ml - male	1 unit per catheter ordered on prescription
Urinary Sheaths	1 sheath lasts up to 24 hours	1 x 30	1x30 is 1 month supply

INDWELLING (FOLEY) CATHETERS

- Intermittent catheterisation should be used in preference to indwelling if it is both clinically appropriate and a practical option for the patient.
- **'Standard/male' length urinary catheters must always be used for men but** are also suitable for women. Under no circumstances should female length catheters be used in men. **Female length urinary catheters are suitable for ambulant women only** (not suitable for use in obese, bed or chair bound women).
- It is important that the correct size catheter is prescribed for the individual. No more than a size 14ch should be used for female urethral catheterisation and no more than a 16ch

standard length for a male, except in exceptional circumstances. For suprapubic catheterisation, the standard length should be used. No less than a size 14ch catheter should be used to avoid insertion and removal trauma.

- All patients with a known latex allergy/sensitivity must have an all-silicone catheter.
- Balloons must be fully inflated with the entire contents of the prefilled syringe to ensure correct position of the catheter.
- Patients requiring long term catheterisation (i.e. more than 28 days) should be provided with training and issued a patient catheter passport, or equivalent, that provides them with written instructions on looking after their own catheter and who to contact in the event of problems.

Short to Medium Term Use Indwelling Catheters

- Should only be considered for use in patients who require catheterisation for less than 28 days or 4 weekly catheter changes for e.g. as a result of recurrent blockage or the patient not responding to interventions therefore needing frequent catheter changes whilst the cause is being investigated.
- They must not be used where there is a history of latex allergy.

1st Line RUSCH PTFE AQUAFLATE					
- Supplied by Teleflex.					
- Not suitable for latex allergy					
- Includes sterile water filled syringe for balloon inflation AND empty syringe for deflation					
- Balloon size 10ml					
- Prices do not include DAC charge or home delivery fee					
Standard Length			Female Length		
Size	FP10 Order Code	List Price	Size	FP10 Order Code	List Price
12	DP310112	£2.32	12	DP210112	£2.32
14	DP310114		14	DP210112	
16	DP310116		16	DP210112	
18	DP310118		18	DP210112	

2nd Line BARD PTFE AQUAMATIC		
- Supplied by Bard.		
- Not suitable for latex allergy		
- Includes sterile water filled syringe for balloon inflation BUT not empty syringe for deflation		
- Balloon size 10ml - Prices do not include DAC charge or home delivery fee		
Standard Length		
Size	FP10 Order Code	List Price
12	D1265AL12	£3.14

14	D1265AL14	
16	D1265AL16	
18	D1265AL18	

Long Term Use Indwelling Catheters

- Patients should be assessed individually to establish the optimum time for re-catheterisation.
- Different material types are available e.g. hydrogel coated latex and silicone.
- Designed for use for up to 12 weeks (change every 6 weeks in spinal cord injury patients).
- Supplied with a pre-filled syringe for balloon inflation and/ an empty syringe for balloon deflation.
- For latex allergy, ensure 100% silicone catheter is used. Only products described by their manufacturers as “Latex Free” can be relied upon to contain no latex.
- Silicone catheters have a wider lumen than coated latex ones of the same Charriere and so are associated with reduced encrustation rate.
- Open tipped silicone catheters are reserved for suprapubic catheterisations and for patients prone to catheter blockages.

Foley Catheters

All Silicone (Latex Free)

For Long Term Use – Adult

Recommended use up to 12 weeks

CLINISUPPLIES LTD PROSYS ALL SILICONE FOLEY CATHETER Sterile water filled syringe for balloon inflation and empty syringe for balloon deflation							Usual Quantity
Male	Cat No	PCF12M10-PCF18M10	10ml balloon	Size	12-18 Ch	£ 6.09	One every 12 weeks
Female	Cat No	PCF12F10-PCF18F10	10ml balloon	Size	12-18 Ch	£ 6.09	One every 12 weeks

RUSCH BRILLANT AQUAFLATE All silicone with sterile water filled syringe for balloon inflation and empty syringe for balloon deflation							Usual Quantity
Male	Cat. No.	DA3101 12-24	10ml balloon	Size	12-24 Ch	£6.16 each	One every 12 weeks
Female	Cat No.	DA2101 12-24	10ml balloon	Size	12-24 Ch	£6.16 each	One every 12 weeks

Foley Catheters Hydrogel coated Latex for Long Term use Adult

	RUSCH SYMPACATH AQUAFLATE Hydrogel coated latex with sterile water filled syringe for balloon inflation and empty syringe for balloon deflation						Usual Quantity
Male	Cat. No.	DH3101 12-24	10ml balloon	Size	12-24 Ch	£6.65 each	One every 12 weeks
Female	Cat No.	DH2101 12-24	10ml balloon	Size	12-24 Ch	£6.65 each	One every 12 weeks

	Folysil X-Tra Coloplast All Silicone catheter licenced for urethral and suprapubic use with prefilled syringe for balloon inflation and empty syringe for balloon deflation						Usual Quantity
Male	Cat. No.	AA8A12 - AA8A22	10ml balloon	Size	12-22 Ch	£7.50	One every 12 weeks
Female	Cat No.	AA8B12 - AA8B18	10ml balloon	Size	12-18 Ch	£7.50	One every 12 weeks

	Bard Lubri-Sil – Foley catheter trays All Silicone with everything included Apron/Gloves Saline Catheter Stat lock Leg bag Instillagel 10 ml Sterile water filler syringe for balloon inflation and empty syringe for deflation						Usual Quantity
Male	Cat. No.	D22655112 FSS676	10ml balloon	Size	12-24 Ch	£18.50	One every 12 weeks

INTERMITTENT CATHETERS

- Intermittent self-catheterisation (ISC) is the preferred option for bladder drainage compared to an indwelling catheter. It is suitable for patients with incomplete bladder emptying e.g. neurogenic bladder disorders, particularly patients with spinal cord injuries, multiple sclerosis and diabetic patients with neuropathy that have sufficient bladder capacity to hold at least 300ml urine.

- Patients are only prescribed these products following individual assessment for suitability by Secondary Care or Community Continence Services. Prescriptions can only be changed on the recommendations of the continence service.
- Products are single use only. Pack size is 25-30 depending on the manufacturer. A patient is likely to need between 120-180 catheters per month (5- 6 packs) depending on frequency of use. Patients may have more than one type of intermittent catheter on repeat prescription depending on individual circumstances for use.
- They are pre lubricated and so do not need lubricating gel. They can be directly connected to a single use 2L drainage collection bag which offers significant cost savings over prescribing those with an integral bag.
- The ranges of products recommended in the formulary reflect the need to tailor the catheters to individual patient needs.
- **All patients should be managed by the specialist continence team or Urology Nurses who should advise on product choice.**

	RUSCH FLOCATH (Quick hydrophilic coating, saline pouch)						Usual Quantity
Male	Cat. No.	851241-08-20	Size	8-20 Ch	£37.88 per pack of 30	£1.26 each	30 (1 pack) per month, maximum 4
Female	Cat. No.	851221-08-20	Size	8-20 Ch	£37.88 per pack of 30	£1.26 each	30 (1 pack) per month, maximum 4

	Wellspect – Lofric Origo (water Pouch to squeeze)						Usual Quantity
Male	Cat. No.	4070825-4071425	Size	8-14 Ch	£48.31 per pack of 30	£1.61	30 (1 pack) per month, maximum 4
Tiemann	Cat. No.	4091200	Size	12 Ch	£48.31 per pack of 30	£1.61	30 (1 pack) per month, maximum 4
Female	Cat. No.	4080825-4081425	Size	8-14 Ch	£48.31 per pack of 30	£1.61	30 (1 pack) per month, maximum 4

	BARD HYDROSIL GRIPPER (ready to use, pre lubricated)						Usual Quantity
Male	Cat. No.	10FG 73610 10FG 73612	Size	12-18 Ch	£48.96 per pack of 30	£1.63	30 (1 pack) per month, maximum 4

	Actreen B-Braun Mini set. (ready to use, pre lubricated)						Usual Quantity
Female	Cat. No.	238220E	Size	12-14 Ch	£49.60 per pack of 30	£1.65	30 (1 pack) per month, maximum 4

	Actreen B-Braun Hi-Lite Catheter (ready to use, pre lubricated)						Usual Quantity
Male	Cat. No.	238208E	Size	12-14 Ch	£50.74 per pack of 30	£1.69	30 (1 pack) per month, maximum 4
Tiemann tip Male	Cat. No.	242110E- 242118E	Size	10-18 Ch	£52.01 Per pack 30	£1.73	30 (1 pack)

	Female Lofric Elle (for patients with poor manual dexterity)						Usual Quantity
Female	Cat. No.	4181025 – 4181425	Size	10-14 Ch	£52.06 per pack of 30	£1.73	30 (1 pack) per month, maximum 4

	Vapro No Touch catheter (reduces risk of infections)						Usual Quantity
Male	Cat. No.	72124- 72144	Size	12-14 Ch	£55.95 per pack of 30	£1.86	30 (1 pack) per month, maximum 4
Female	Cat. No.	88081- 88141	Size	8-14 Ch	£49.95 per pack 30	£1.67	30 (1 pack) per month, maximum 4

	Infyna Chic Intermittent Catheter						Usual Quantity
Female	Cat. No.	7008-7014	Size	8-14 Ch	£52.73 per pack of 30	£1.76	30 (1 pack) per month, maximum of 4

Speedicath Compact Eve							Usual Quantity
Female	Cat no.	28110-18114	Size	10-14 Ch	£55.12 per pack of 30	£1.84	30 pack (1 pack) per month, maximum 4

COLOPLAST SPEEDICATH COMPACT & COMPACT SET. (ready to use, pre lubricated)							Usual Quantity
Male	Cat. No.	28692	Size	12-18 Ch	£59.08 per pack of 30	£1.96 each	30 (1 pack) per month, maximum 4
Female	Cat. No.	28578-28584	Size	6-14 Ch	£50.49 per pack of 30	£1.68 each	30 (1 pack) per month, maximum 4
Female Compact set	Cat no.	28520 - 28524	Size	10-14 Ch	£56.94 per pack 20	£2.84	20 (1 pack)
Male Compact set	Cat no	28422	Size	12 Ch	£56.93 per pack 20	£2.84	20 (1 pack)

Coloplast Speedicath Flex Pocket							
Male	Cat No.	28910-28914	Size	10-14 Ch	£58.65 per pack of 30	£1.96	30 (1 pack) per month, maximum 4

Female Wellspect-Lofric hydro-kit set (ready to use, pre lubricated with bags)							Usual Quantity
Female	Cat. No.	4231025	Size	12-12 Ch	£62.15 per pack of 30	£2.07	30 (1 pack) per month, maximum 4
Male	Cat. No.	4201225	Size	12-14 Ch	£60.28 per pack of 30	£2.00	30 (1 pack) per month, maximum 4

Coloplast Speedicath Flex Set							Usual Quantity
Male	Cat No.	28931-28934	Size	10-14 Ch	£96.79 per pack of 30	£3.23	30 (1 pack) per month, maximum 4

Open-Ended Catheters

- Licensed for long-term use and are available as an alternative for those patients experiencing problems with sediment blockage and urinary infection. The catheter differs, as the tip is open-ended allowing for additional drainage. NO PRE-FILLED SYRINGE.

	Clinisupplies Ltd Prosys all silicone Open-ended catheter With prefilled syringe for balloon inflation and empty syringe for balloon deflation					Usual Quantity
Standard length	Cat. No.	PCF12M10E - PCF18M10E	10ml balloon	12-18 Ch	£5.79	One every 12 weeks

	Folysil X-Tra All Silicone Open-ended catheter With prefilled syringe for balloon inflation and empty syringe for balloon deflation licenced for urethral and suprapubic used					Usual Quantity
Standard length	Cat. No.	AA8C12 – AA8C18	10ml balloon	12-18 Ch	£6.97	One every 12 weeks

	Linc Optitip with Prefilled syringe for balloon inflation and empty syringe for balloon deflation. Licenced for urethral & suprapubic use.					Usual quantity
Standard Length	Cat. No.	1007UB12OT - 1007UB18OT	5-10ml Balloon	12-18 Ch	£11.36	One every 12 weeks
Female Length	Cat. No.	1007UBF12OT - 1007UBF18OT	5-10ml Balloon	12-18 Ch	£11.36	One every 12 weeks

- An alternative for those patients experiencing problems with sediment blockage and urinary infection.
- The tip is open-ended allowing for additional drainage.

Catheterisation Trays

- Reduces nursing time and FP10 costs
- Facilitates aseptic non-touch technique (ANTT) to reduce risk of catheter associated urinary tract infections (CAUTI).
- It promotes and standardises best practice using a two-layer system i.e. Layer 1 catheter removal kit and Layer 2 catheter insertion kit.
- Catheter packs are not routinely recommended for the following reasons:
 - Packs will be wasted if opened and the wrong catheter is included.

- Catheter packs should not be opened to access individual components as this causes wastage and potential infection risk if remaining components are used elsewhere.

Catheter trays are therefore only for use by the district nursing team. Use will be monitored with bi-annual audits.

Drug Tariff Order Code	Product	Balloon	Size	List Price
D17585M12-16 (Standard) D17615M12-16 (Female)	Bard Lubri-Sil Comprehensive Care Foley Tray	10ml	12-16Ch	£18.37
GBCK12ST-16ST (Standard short tube) GBCK12LT-16LT (Standard Long Tube bag)	GB Cath Kit Foley Tray	10ml	12-16Ch	£17.64

Catheterisation Procedure Pack

To minimize the risk of infection, the use of a catheterisation procedure pack provides the clinician with everything needed to support best practice catheter removal and insertion, using an aseptic non touch technique. The pack includes 3 pairs of sterile gloves, sterile drapes, apron, and waste bag (Ugopro also contains saline for cleansing).

Catheterisation pack	Cat. No.	Cost each	Usual Quantity
Cath It Catheter insertion/removal pack	908410 Small/Medium 908420 Medium/Large	£1.98	1 pack per catheter change
Ugopro catheterisation procedure pack	3400	£2.26	1 pack per catheter change

DRAINAGE BAGS

Leg Bags

- Used for collection of urine from indwelling catheters or incontinence sheaths. The most appropriate type and size of leg bag is determined by individual patient characteristics and capabilities.
- Vary in design based on:
 - Size – 350ml, 500ml & 750ml.
 - Inlet tube- direct, short or long inlet tubes available depending on where the bag is to be placed on the leg e.g. direct inlet or short tubes are suitable for attachment to the thigh and long tubes are required for the calf. In most cases short tube /direct inlet tubes are suitable for women and long tube bags for men.
 - Drainage tap –usually slide action (T tap) or lever action design. The type of tap chosen is dependent on individual patient dexterity and personal needs
 - Valve type - anti-reflux valve (non-return valve) or chamber
 - Connector – tapered, smooth or ridged connector
 - Sample access port for collection of urine specimens – needle free or otherwise
 - Material backing
- When directly **attached to a catheter must be sterile** and connected using aseptic technique.
- Need to be securely attached to the patient to reduce the risk of being dislodged and either pulling out the catheter or causing trauma to the urethra thereby increasing scarring and risk of infection.
- Are intended for daytime use although the larger bags may have adequate capacity for overnight use by some patients.
- Maintaining a closed drainage system (i.e. not removing the leg bag when attaching a night bag) reduces the risk of infection. The leg bag must remain connected to the catheter and be linked to the night bag if additional drainage capacity is required overnight.
- Once disconnected it must be discarded and replaced.
- **Should be changed every 5-7 days.**
- **No more than one box of ten should be issued on alternate months (6 x 10 per year).**

Day Bags

For up to 7 days use

	Prosys leg bag 500mls						Usual Quantity
Short Tube (10cm)	Product code	P500S	Box of 10		Cost	£27.51	One box every 10 weeks
Long Tube (30cm)	Product code	P500L	Box of 10		Cost	£27.51	One box every 10 weeks

	Great Bear Libra leg bag 500mls						Usual Quantity
Direct Inlet	Product code	10131H	Box of 10		Cost	£30.68	One box every 10 weeks
Short Tube (10cm)	Product code	10102C	Box of 10		Cost	£30.90	One box every 10 weeks
Long Tube (30cm)	Product code	10104E	Box of 10		Cost	£30.90	One box every 10 weeks

	Coloplast leg bag 500mls						Usual Quantity
Short Tube (6cm)	Product code	21573	Box of 10		Cost	£32.81	One box every 10 weeks
Long Tube (25cm)	Product code	21574	Box of 10		Cost	£32.81	One box every 10 weeks

Night Drainage Bags

- Designed to be used overnight (or for people who are bed bound) to accommodate a larger volume of urine collection from indwelling catheters and urinary sheaths.
- Should be placed below the bladder level to enhance gravity induced drainage but no more than 30cm below as the negative pressure created may cause a suction effect on the bladder wall. This leads to mucous being sucked in to the eyelets of the catheter preventing drainage and causing catheter blockage.
- There are broadly 2 types of drainage bags:
 - Single use (non-drainable night bags) – designed for use once only i.e. must be changed every night. These are the preferred option as they reduce the risk of infection. They should be directly connected to the leg bag to maintain a closed system. They are compulsory for use in Nursing/residential homes. Support with a nightstand is required (not available on FP10). **No more than three boxes of ten should be issued monthly.**

- Sterile drainable night bags – licensed to be used for 7 days. Sterile drainable collection bags (with taps) are to be used when the bag is being directly connected to the catheter. These should be used for bed bound patients as they offer a more cost-effective option in comparison to using a leg bag and disposable night drainage bag. They should be placed on a stand/bag hanger so that the tap is clear of the floor (not available on FP10). These bags **MUST NOT** be rinsed out and reused. **No more than one box of ten should be issued on alternate months. (6 boxes per year).**
- Nightstands/ bag hangers can be ordered directly from the manufacturer or appliance contractor.

	Proslys Night bags 2000L						Usual Quantity
Non-Drainable tear strip	Cat. No.	P2	Box of 10		cost	£2.20	One box every 10 days

	Great Bear Night bags 2000L						Usual Quantity
Non-Drainable	Cat. No.	10300S	Box of 10	90cm Length tube	cost	£2.90	One box every 10 days

	Coloplast Night bags 2000L						Usual Quantity
Non-Drainable	Cat. No.	320902	Box of 10	100cm Length tube	cost	£3.14	One box every 10 days

Re-usable for up to 7 days

	Proslys Night bags 2000L						Usual Quantity
Drainable Slide tap /Lever tap	Cat. No.	P2000/ P2000-LT	Box of 10	100cm length tube	cost	£12.73	One box every 10 days

	Great Bear Night bags 2000L						Usual Quantity
Drainable Lever tap	Cat. No.	10400W	Box of 10	100cm Length tube	cost	£14.70	One box every 10 days

	Coloplast Night bags 2000L						Usual Quantity
Drainable Slide-tap	Cat. No.	340805	Box of 10	100cm Length tube	cost	£15.59	One box every 10 days

Drainage Bag Stands Ordering Information

Company	Order details	Order Code	Telephone Number	Price
Clinisupplies Ltd	Prosys Bed Bag Stand	PBS001	0800 085 4957	Free
Linc Medical	Linc –Flo Bag Stand		01572 717 515	Free
Optimum Medical	Ugo drainage bag stand		0113 263 3849	Free
Teleflex	Rusch drainage bag stand		0800 032 3383	Free
Coloplast	Simpla Catheter stand	380431	0800 526 177	Free
Unomedical (Convatec)	Careline Night Bag Floor Stand Careline Night Bag Bed Hanger	45-70-B 45-B-H	0800 289 738	Free

CATHETER RETAINING STRAPS AND DEVICES

- It is essential to ensure a catheter is firmly but comfortably secured, to reduce traction and trauma to the bladder neck / urethra. Catheter straps are retaining straps which secure the tubing or catheter firmly and comfortably.
- Catheter sleeves can be used as an alternative to, or alongside straps. They are particularly good for frail skin, or where there are problems with straps digging into or rubbing against the skin as they distribute the weight of the urine more uniformly.
- Catheter clips are used to secure the catheter firmly and comfortably against the leg or abdomen. They are a second-line option if straps or sleeves have caused trauma to the area or are not appropriate.
- Catheter straps and catheter sleeves are washable and reusable.
- **One pack of 5 catheter straps** should last for **four to six months**. The straps will need replacing when the elasticity and support is reduced from washing and stretching. This is usually 25-30 washes in a domestic washing machine following washing instructions.

- **One pack of 4 leg bag sleeves** should last for six months and **a pack of 5 catheter clips** should last **5 weeks**.

Catheter Thigh Straps

	Prosys – Catheter Strap						Usual Quantity
Abdominal	Cat. No.	PCS85	Box of 5	85cm Length	cost	£14.40	One box a month

	Great Bear – GB Fix-It Retaining strap						Usual Quantity
Long	Cat. No.	10645B	Box of 5	80cm Length	Cost	£16.81	One box a month
Adjustable	Cat no.	10647D	Box of 5	150cm Length	cost	£19.38	One box a month

	Coloplast – Simpla G Strap						Usual Quantity
Abdominal	Cat. No.	383003	Box of 5	90cm Length	cost	£17.22	One box a month

Leg Bag Straps

	Prosys Leg Bag straps						Usual Quantity
One size	Cat. No.	P10LS	Box of 10	25mm wide	cost	£13.70	One box every 5 weeks

	Great Bear – Libra leg bag straps						Usual Quantity
Calf	Cat. No.	10622C	Box of 5 Pairs	30cm Length	cost	£15.19	One box every 5 weeks
Thigh	Cat No.	10637T	Box of 5 Pairs	40cm Length	cost	£15.19	One box every 5 weeks

	Coloplast – Simpla Bag Holder						Usual Quantity
Standard	Cat. No.	380812	Box of 5 pairs	75/45 cm	Cost	£17.04	One box every 5 weeks

Sleeves

	Prosys Leg Bag Sleeve						Usual Quantity
Small - Yellow	Cat. No.	PLS3881	Box of 4	24-40 cm	Cost	£8.10	One box a month
Medium - Blue	Cat. No.	PLS3904	Box of 4	36-50cm	Cost	£8.10	One box a month
Large - Beige	Cat. No.	PLS3928	Box of 4	40-65cm	Cost	£8.10	One box a month

	Great Bear Libra Bag Holder						Usual Quantity
Small - Yellow	Cat. No.	10660S	Box of 4	35-45 cm	Cost	£9.23	One box a month
Medium - Blue	Cat. No.	10655M	Box of 4	45-65 cm	Cost	£9.23	One box a month
Large - Brown	Cat. No.	10654L	Box of 4	44-80 cm	cost	£9.23	One box a month
Extra Large - Green	Cat. No.	10665X	Box of 4	65-90 cm	cost	£9.23	One box a month

	Coloplast - Aquasleeve						Usual Quantity
Small	Cat. No.	783678	Box of 4	24-33 cm	Cost	£9.19	One box a month
Standard	Cat. No.	783680	Box of 4	34-39 cm	Cost	£9.19	One box a month
Medium	Cat. No.	783686	Box of 4	40-46cm	Cost	£9.19	One box a month
Large	Cat. No.	783694	Box of 4	47-64 cm	Cost	£9.19	One box a month
XL	Cat. No.	783708	Box of 4	65cm+	Cost	£9.00	One box a month

CATHETER VALVES

- For use with indwelling catheters only
- These provide a discreet alternative to drainage bags.
- Should be changed every 5-7 days.
- Help maintain normal bladder capacity and tone

Catheter valves should not be used without assessment of bladder function by an appropriate medical professional.

Contraindicated in:

- Reduced bladder capacity
- No bladder sensation
- Cognitive impairment
- Poor manual dexterity
- Uncontrolled detrusor over activity or overactive bladder (might cause urinary leakage)
- Pelvic radiation (increased risk of bladder shrinkage)
- Post radical prostatectomy.
- Renal impairment

No more than one packet (5) should be prescribed every month.

	Cat. No.	Cost per 5	Usual Quantity
LINC CAREFLO			
Lever tap catheter valve	CF1	£8.08	5 per month
CLINISUPPLIES PROSYS			
Lever tap catheter valve	PCV3942	£10.17	5 per month
GREAT BEAR			
Libra Lever Catheter Valve	10540A	£13.46	5 per month
BARD LTD			
Flip Flo Catheter Valve	BFF5	£13.99	5 per month

LUBRICANT GELS

- The procedure of urethral catheterisation requires the use of an appropriate sterile lubricant or anaesthetic gel, from a single-use container, to reduce trauma, pain and infection when inserting or changing catheters.

- Anaesthetic lubricant gels must not be used in patients who have damaged or bleeding mucous membranes due to the risk systemic absorption of the lidocaine hydrochloride which may exacerbate ventricular arrhythmias and cause hypotension.
- Chlorhexidine containing gels may trigger anaphylaxis in susceptible patients. They should not be used in patients with a known contra-indication or allergy to chlorhexidine. A plain lubricating gel should be used instead.
- The 6ml pack size is for female and suprapubic use and 11ml for male use (the male urethra is considerably longer than the female urethra).

Best practice supports the view that the procedure of urethral catheterisation requires an appropriate lubricant or anaesthetic gel from a sterile, single-use container should be used during catheter insertion (NICE 2012 EPIC 2013). This reduces trauma, pain and the risk of infection when inserting the catheter.

It is essential to ask the patient if they have any sensitivity to lidocaine and chlorhexidine (MDA 2012 safety alert reports the risk of anaphylactic reaction due to chlorhexidine allergy).

Anaesthetic lubricant gels must not be used in patients who have damaged or bleeding mucous membranes due to the risk systemic absorption of the lidocaine hydrochloride which may exacerbate ventricular arrhythmias and cause hypotension.

For patients sensitive to chlorhexidine or find usual lubricating gel stings or is uncomfortable a CHG free lubricating gel should be considered

In the event of a patient having a known contra-indication or allergy to anaesthetic lubricating gel, a plain lubricating gel should be used.

6ml pack size is for female urethral and supra-pubic catheterisation and the 11mls is for male urethral catheterisation

Anaesthetic lubricating gel (Chlorhexidine and Lidocaine)				
	Size	Code	Price	Usual Quantity
Konix	6ml	T1070005	62p	1 per catheter change
	11ml	T1070007	70p	
Optilube Active	6ml	1160	£1.08	
	11ml	1161	£1.13	
Plain lubricating gel				
Optilube sterile lubricating jelly	6ml	1125	98p	1 per catheter change
	11ml	1126	£1.03	
Cathejell Mono	8.5g	CJM08501	85p	
	12.5g	CJM12501	90p	
CHG free lubricating gel (lidocaine only)				
Optilube Active CHG Free lubricating jelly	6ml	1167	£1.08	1 per catheter change
	11ml	1168	£1.13	

CATHETER MAINTENANCE SOLUTIONS

- There should be a clinical rationale for use of catheter maintenance solutions.
- Should only be considered for short term use, to treat indwelling catheters for prevention of encrustation, or to dissolve crystal formation prior to removal of catheter to prevent urethral trauma.
- Bladder instillations or washouts must not be used to prevent catheter associated infections.
- Monitoring pH will help identify the need for, and the type of solution required. The higher the urine alkalinity, the greater the chance of encrustation developing.
- B. Braun pH indicator documentation sheets and test strips are available free. 0800 526 116.
- Citric acid should only be used for those patients who have a consistently high pH of 6.8 and above.
- It is good practice to cut open catheters on removal, from those patients where blocking is a problem to see if the lumen is blocked by sediment deposit.
- Two sequential instillations of a small volume are more effective than a single larger administration.
- The catheter maintenance solution should flow into the catheter by gravity by elevating the bag to above bladder height allowing the tip of the catheter to be bathed.
- If using these twice a week consider using bladder infusion kit to maintain closed system and reduce number of leg bag changes

Only as part of a treatment programme

- There should be a clinical rationale for use.
- Should be used to prolong the life of the catheter, thus avoiding the trauma/risks of increased catheterisations
- Saline should be used to flush the catheter in cases of soft debris or clots or as required to determine if the catheter is blocked.
- Citric Acid 3.23% should only be used when encrustation of the catheter has been identified, the solution should then be administered regularly to prevent encrustation formation and prolong the life of the catheter.
- It is good practice to cut open the catheters on removal, from those patients where blocking is a problem to see if the lumen is blocked by encrustation or soft debris/clots.

- Bladder instillations or washouts must not be used to prevent catheter associated infections (NICE 2012).
- Solution R 6% should only be considered if Solution G has been tried first.

PRODUCT	CODE	VOLUME	PRICE
Uro Flush S Saline 0.9% Usually once or twice a week but more if required	URO50S URO100S	50ml 100ml	 £3.15
Optiflo S Saline 0.9% Usually once or twice a week but more if required	CSS50 CSS100	50ml 100ml	 £3.58
Urotainer Saline 0.9% Usually once or twice a week but more if required	FB99849 FB99833	50ml 100ml	 £3.70
Uroflush G Citric Acid 3.23% Usually once or twice a week	URO50G URO100G	50ml 100ml	 £3.15
Optiflo G Citric Acid 3.23% Usually once or twice a week	CSG50 CSG100	50ml 100ml	 £3.80
Urotainer Twin Suby G 3.23% citric acid Usually once or twice a week	9746609	2 x 30 ml	£5.42
Uro Flush R Citric Acid 6% Usually once or twice a week	URO50R URO100R	50ml 100ml	 £3.15
Optiflo R Citric Acid 6% Usually once or twice a week	CSR50 CRS100	50ml 100ml	 £3.80
Urotainer Twin Solution R 6.0% citric acid Usually once or twice a week	9746625	2 x 30 ml	£5.42

SHEATHS

Sheaths offer a valuable alternative method of urinary incontinence management for men with:

- A non-retracted penis (i.e. penis length more than 3cm in length) as attachment is difficult and unreliable
- Healthy unbroken skin on the penis
- Reasonable mental awareness, manual dexterity and good eyesight or access to carer.
- No risk of pulling off the sheath e.g. patients with significant confusion such as in dementia may pull sheath off.

Sheaths are available with and without fixing devices which may be applied externally or internally.

It is important to accurately assess for type and size of sheath using manufacturers measuring device as they can cause anxiety and discomfort; damage to the penis and increase risk of infection if incorrectly fitted.

It is recommended that sheaths are changed on a daily basis.

One box of thirty should be sufficient per month.

Over ordering more than one box of thirty per month may indicate poor fit. If so, refer to continence team for advice.

Adhesive removers and barrier products are not normally recommended with sheaths. Adhesive residue can be washed away with warm soapy water and barrier creams may interfere with adhesion.

All formulary choices are self-adhesive sheaths and made from silicone or latex free.

Formulary Choices for Sheaths


Product	Size (diameter)	Drug Tariff Code	List Price	Unit Price	Comments
Manfred Sauer UK Ltd P-SURE latex free self-adhesive	Small - (dia 20mm)	97.20	£48.34	£1.61	Transparent latex free synthetic material allowing a snug fit, with Residual Free
	Small (dia 22mm)	97.22			
	Small + (dia 4mm)	97.24			




Product	Size (diameter)	Drug Tariff Code	List Price	Unit Price	Comments
standard size sheath Pack of 30	Medium - (dia 26mm)	97.26			removal and Anti- Blow-Back system. Includes which is maintained even with large volumes of urine. 1 free pubic hair protective cloth
	Medium (dia 28mm)	97.28			
	Medium + (dia 30mm)	97.30			
	Large - (dia 32mm)	97.32			
	Large (dia 35mm)	97.35			
	Large + (dia 37mm)	97.37			
	Extra Large (dia 40mm)	97.40			
Bard Ltd Clear Advantage Spirit, Style 1 Standard Pack of 30	24mm	5243	£51.89	£1.73	Hydrocolloid, self- adhesive sheath which helps to control moisture levels and maintain skin integrity. Style 1 is designed for males with a standard penis length. Style 2 is for those males who require a shorter length sheath. Style 3 is for males who require a standard length but require extra adhesive for secure fit
	28mm	5283			
	32mm	5323			
	36mm	5363			
	40mm	5403			
Bard Ltd Clear Advantage Spirit, Style 2 Pop On Pack of 30	24mm	7243			
	28mm	7283			
	32mm	7323			
	36mm	7363			
	40mm	7403			
Bard Ltd Clear Advantage Spirit, Style 3 Wideband Pack of 30	24mm	9243			
	28mm	9283			
	32mm	9323			
	36mm	9363			
	40mm	9403			
Coloplast Ltd Conveen Optima Shorter length Pack of 30	21mm	22121	£53.07	£1.77	Self-sealing soft silicone urisheath with double-grip strip, allowing easy and smooth roll-out for a secure fit even for with gloves on. Also has a reliable anti leakage system incorporating an anti-kink bellow to stop kinks and help ensure a free flow
	25mm	22125			
	30mm	22130			
	35mm	22135			
Coloplast Ltd Conveen Optima Standard length Pack of 30	25mm	22025			
	28mm	22028			
	30mm	22030			
	35mm	22035			
	40mm	22040			




Hollister Male Urinary Pouch External Collection Device with Flexextend Skin Barrier	9873	Box of 10	£31.85	£3.19	Cut to fit male urinary pouch. Odour-Barrier film to help manage odour. Connects to leg bag or night bag as required.
Bullen Acti-brief Plus Male Urine collection system	ABPlus/18/20-40	1 Brief S-XL 1 Flange Plate 10 non-return Valve pouches 1 Night/leg bag connector	£40.33		Boxer style brief alternative to sheaths
	SPlus 18	Pack of 15 pouches	£32.56	£2.17	

URINALS / URINE DIRECTORS

- For use in patients with functional continence to aid independence of toileting.
- Patients will require assessing for the appropriateness of urinals, as individual factors including hand dexterity, eyesight and co-ordination need to be taken into account.
- Seek specialist continence advice before initiating use
- Single patient use only in all settings. Urinals should be marked clearly with patient's name and used only for that specific patient.
- To be cleaned in accordance with LOCAL INFECTION CONTROL POLICY.
- Wash using hot soapy water dry and store appropriately after each use.

Product	Directions	Drug Tariff / PIP Code	Quantity	Drug Tariff List Price
Female Products				
Beambridge Medical Bridge Urinal with tap 	Helpful for ladies with restricted movements/ mobility problems or to assist carer. Useful for ladies in wheelchairs. Patients need to be sitting for effective use. Useful for ladies who void large amounts of urine as a 2-litre drainage bag can be attached to the urinal.	6.18T/ PIP Code 267-5304	1	£14.67
Beambridge Medical Saddle Urinal	Specifically designed for women to use in bed. Curved shell contours to the body allowing for fluid to pass easily into the chamber when sitting up or lying	6.26/ PIP Code 271-7221	1	£14.67

Product	Directions	Drug Tariff / PIP Code	Quantity	Drug Tariff List Price
	<p>down. Serves as an alternative to the Bridge Urinal. Has the greatest standalone capacity of the female product range. Has a closed end and does not drain; it will require emptying after each void.</p> <p>Total useable unit volume = 750ml</p>			
<p>Beambridge Medical</p> <p>Lady Jug</p> 	<p>Designed for use in bed and serves as an alternative to the Bridge Urinal. Moulded from a soft plastic, which comfortably seals with the skin and helps minimise leakage. Please note, it is not designed to store fluid and must be used with a Drainage Bag or Leg Bag.</p>	<p>6-45 PIP Code 237-6291</p>	<p>1</p>	<p>£15.78</p>
<p>Beambridge Medical</p> <p>Lady funnel - Female Urine directors / positioners</p> 	<p>Useful for ladies who are unable to sit on the toilet to pass urine and can be attached to a 2 litre urine drainage bag</p>	<p>6-40 PIP Code 277-1111</p>	<p>1</p>	<p>£14.10</p>
<p>Manfred Sauer UK Ltd</p> <p>URIBag F pocket sized Female Urinal</p>	<p>Useful when travelling. Small enough to put in pocket. Advise to wash using soapy water, NOT disinfectant or bleach. Advise to turn urinal inside out to wash & dry.</p> <p>Advise to check rubber lining is not perished to avoid accidents.</p> <p>Contains Latex</p>	<p>URIBag F</p>	<p>1</p>	<p>£14.57</p>

Product	Directions	Drug Tariff / PIP Code	Quantity	Drug Tariff List Price
Male Products				
Beambridge Funnel Male Urinal Director/ Positioner 	Useful for men with retracted penis, difficulty in directing flow, and for mobility problems. Can be used to aid toileting where there is difficulty managing a urinal by attaching a 2 litre drainage bag. Available in 4 sizes	6- 35 6-35M 6- 38 6-37 PIP Code 262-5960 301-0667 340-0934 340-1007	1	£13.55
Beambridge Draining Jug with tap 	Helpful for patients with mobility problems and for men who void large volumes of urine. A 2L drainage bag may be used to accommodate larger volumes of urine.	6-50T PIP Code 282-9463	1	£14.76
Manfred Sauer UK Ltd URlbag pocket sized Male Urinal 	Useful when travelling. Small enough to put in pocket. Advise to wash using soapy water, NOT disinfectant or bleach. Advise to turn urinal inside out to wash & dry Advise to check rubber lining is not perished to avoid accidents. Contains Latex	URlbag	1	£14.57

ANAL PLUGS AND IRRIGATION SYSTEMS

- Prescribing of anal irrigation products should ONLY be undertaken following specialist initiation.
- Indicated for patients with neurogenic bowel dysfunction and chronic constipation in whom other options have been tried at maximum doses and remain unsuccessful.

Anal Plugs

Order Code	Product	Quantity	Drug Tariff
FG730	Renew Inserts- Starter Packs (Complimentary)- REGULAR	30	£71.12
FG731	Renew Inserts- Starter Packs (Complimentary)- LARGE	30	£71.12
69304 00	Navina inserts Standard 94mm insertable length 60mm	Starter packs of 5 or 30 pcs on script.	£71.12
69305 00	Navina inserts Large 100mm insertable length 67mm	Starter packs of 5 or 30 pcs on script.	£85.22

Anal Irrigation Mini Systems

- Quantities required will be determined by the specialist assessment carried out and the frequency recommended for the anal irrigation for the mini set.
- Suggested use can be from daily requiring 2 sets per month to alternate days 1 set per month.

PIP Code	Order Code	Product Name	Quantity	Drug Tariff
417-5576	QMGO	Qufora MiniGo set 1x soft pump, 30x single-use cones	1 1 set a month if irrigating daily. 1 set bi-monthly if irrigating on alternative days	£199.84
417-5584	QMGOFLEX	Qufora MiniGo Flex set 1x soft pump, 30x single-use cones flex	1 1 set a month if irrigating daily. 1 set bi-monthly if irrigating on alternative days	£230.58
428-4394	QMGOFLEXSM	Qufora MiniGo Flex set – Small 1x soft pump, 30x single-use cones small flex	1 1 set a month if irrigating daily. 1 set bi-monthly if irrigating on alternative days	£230.58

3831153	AFCS	Aquaflush Mini Compact Starter set Pump, extension tube, 5 cones, washbag	1	£35.75
3831179	AFCM	Aquaflush Mini Compact Monthly set. Pump, extension tube, 15 cones	1 30 days usage if using cones every other day. Single use cones	£61.08
4048286	AFLA	Aquaflush Mini Compact Cone refill pack 15 standard cones	1 For daily use	£61.08
4105722	AFCPS	Aquaflush Midi Compact+ Starter set Pump, extension tube, 5 cones & washbag	1	£35.75
4105714	AFCPM	Aquaflush Midi Compact+ Monthly set Pump, extension tube, 15 cones	1 30 days usage if using cones every other day. Single use cones	£61.08
4048286	AFLA	Aquaflush Midi Compact+ Cone refill pack	1 For daily use	£61.08
Navina	6930700	Navina Mini Set	1 The water container and extension tube can be used 60 times. The rectal cone is a single use product.	£199.00

Anal Irrigation Toilet Systems

- Quantities required will be determined by the specialist assessment carried out and the frequency recommended for the anal irrigation toilet system.
- See below for additional information.

PIP Code	Order Code	Product Name	Quantity	Drug Tariff
N/A	29121	Coloplast Peristeen irrigation system: includes 1 control unit, 2 rectal catheters, 1 water bag, 1 strap set and 1 toilet bag.	1 This equates to six-month use if using every other day. Except the rectal catheters as single use only.	£81.42

PIP Code	Order Code	Product Name	Quantity	Drug Tariff
N/A	29122	Coloplast accessory unit: includes 15 rectal catheters, 1 water bag.	1 The water bag should be replaced after 15 uses (1 months use if used every other day) cones single use only.	£141.90
N/A	29123	Coloplast 10 rectal catheters.	1 Single use only	£90.37
4048294	AFLF	Aquaflush Lite Starter Set includes water bag + 7 cones	1	£76.88
4048302	AFLM	Aquaflush Lite monthly kit with 16 cones	1 Water bag & pump can be used 30 times. (1 month's use if used every other day) Cones single use only.	£100.05
4048286	AFLA	Aquaflush Lite Refill Pack 15 standard cones	1 To be added if using daily throughout the month	£61.08
4142667	AFSRCS	Aquaflush Maxi – SRC Starter Set includes water bag, pump + 5 cones & washbag	1	£79.99
4142675	AFSRM	Aquaflush Maxi SRC Monthly set includes waterbag, pump & 15 cones.	1 Water bag & pump can be used 30 times. (1 month use if used every other day) Cones single use	£109.08
4142683	AFSRCA	Aquaflush Maxi SRC Cone Refill Pack 15 SRC cones	1 To be added if using daily throughout the month	£77.92
421-8509	QFLOWSET	Qufora Flow system set – 1 x water bag, water flow regulator, 30 flow cones.	1 set a month if irrigating daily. 1 set bi-monthly if irrigating on alternative days	£271.42

Anal Irrigation Bed System

- Quantities required will be determined by the specialist assessment carried out and the frequency recommended for the anal irrigation bed system.
- When irrigating daily 2 x 15 irrigating sets per month, when alternate days 1x15 sets per month.

PIP Code	Order Code	Product Name	Quantity	Drug Tariff
377-8552	53001-055	Qufora bed system 021mm catheters	1	£53.06
377-8578	53101-055	Qufora bed system 030mm catheters	1	£53.06
377-8560	53201-055	Qufora bed system 012mm catheters 1 Water bag with pump 5 rectal catheters 5 collection bags	1	£53.06

Anal Irrigation TAI Balloon Catheter Systems

- Quantities required will be determined by the specialist assessment carried out and the frequency recommended for the anal irrigation TAI balloon catheter systems. Daily to alternate days.
- Control unit and tubing replaced after 90 uses. Balloon catheters single use only. Water bag after 15 uses. Straps replaced once elastic weakens can washed at 60c.

PIP Code	Order Code	Product Name	Quantity	Drug Tariff
	29140	Peristeen Plus TAI system with balloon catheter. 1 control unit 2 balloon catheters (can be supplied separately in a box of 10) 1 water bag 2 straps (1 pack) 1 tube 1 toiletry bag	1	£81.10
	29141	Peristeen Plus system regular (excluding toiletry bag)	1	£81.10
	29147	Peristeen Plus system small (including toiletry bag)	1	£81.10
	29148	Peristeen Plus system small (excluding toiletry bag)	1	£81.10
	29160	Peristeen Plus TAI system with cone catheter. 1 control unit 2 Cone catheters 1 water bag (incl screw top & a temperature indicator) 2 straps (1 pack) 1 tube 1 toiletry bag.		£81.42

PIP Code	Order Code	Product Name	Quantity	Drug Tariff
	29161	Peristeen Plus TAI system with cone catheter. 1 control unit 2 Cone catheters 1 water bag (incl screw top & a temperature indicator) 2 straps (1 pack) 1 tube (Excluding toilet bag)		£81.42
410-1689	QKSTART	Qufora Klick starter set 5 catheters 1 click tube 1 control unit with pump 1 fixation strap 1 water bag 1 hook 1 toilet bag	1	£91.30
425-9917	QKCATH30	Qufora Klick Catheter set 30 catheters 1 click tube 1 water bag	1	£277.26
410-1663	QKCONTROL	Qufora Klick Control Unit 1 control unit with pump Fixation strap	1	£52.38

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[Overview | Urinary incontinence in neurological disease: assessment and management | Guidance | NICE](#) NICE CG 148 updated October 2023

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PrescQIPP Continence Formulary Booklet

[Catheter Care Guidance for Health Care Professionals| Royal College of Nursing \(rcn.org.uk\)](#) 2021

[Drug Tariff | NHSBSA](#) accessed April 2024

Appendix 1

GOOD PRACTICE FOR HOME DELIVERY REQUESTS

INTRODUCTION

Incontinence appliances can be home delivered. Home delivery includes delivery to a patient's home, nursing or residential homes.

The following recommendations have been made for prescription requests requiring home delivery to avoid over ordering, wastage, poor communication, and inappropriate requests from suppliers or appliance contactors for items which may be viewed as manufacturer driven requests for prescriptions.

RECOMMENDATIONS

- The patient or their representative [e.g. nurse or carer] wherever possible should request repeat prescriptions from the **Practice, not the supplier**. This is because appliance contractors will often prompt prescription requests and some patients may feel obliged to order goods even when it is not yet required leading to stock piling of high cost items.
- A clear documented procedure for the handling and processing of prescription requests for products on home delivery service should be in place for each practice and care home.
- Any requests for new items or changes in repeat prescription requests should only be accepted if it is known to be recommended by an NHS professional [Continence Specialist, District Nurse etc.] and/or clinical need has been confirmed by the patient themselves. **Never** accept a new request or changes in prescription requests for home delivered prescription items from a supplier on the patient's behalf without confirmation of consent given either by the patient or NHS professional on their behalf.
- Prescriptions for home delivery should preferably be sent to the patient 's nominated appliance contractor preferably via **electronic prescription transfer (EPS)** to avoid delay and provide a clear audit trail.
- Prescriptions issued manually for home delivered items should be issued on a separate prescription to other drug items for supply from a Community Pharmacy. Consider marking prescription items "FOR HOME DELIVERY" under directions to avoid being issued inadvertently with other routine drug prescription requests for collection.

- Retrospective prescription requests from suppliers should **NOT** be accepted. Only written or faxed prescription requests received from appliance contractors should be accepted and copies kept on file for a minimum of 3 months in the event of subsequent prescription queries.
- The prescriber (GP, nurse specialist or other independent prescriber) should have the opportunity to assess the prescription request prior to issue. This ensures the Practice controls what the patient receives and not the supplier; (i.e. the same control that a GP uses when issuing prescriptions for medicines).
- The practice should ensure that they are aware of the usual consumption rate of home delivered items by the patient and that any irregularities or changes to prescription requests are reviewed with the patient or the home. A useful tip is to include frequency of use of appliances/feeds etc. by a patient under directions for use”
- Ensure patients are asked to order their repeat prescriptions 10-14 working days before they run out. If a patient moves away or is admitted into hospital, no further prescriptions for home delivery should be issued.
- All appliance contractors must also provide where required by the patient, a reasonable supply of wipes/swabs as part of the DH service arrangements (ref part IX of the Drug tariff) and therefore do not need to be prescribed on repeat prescription.