

## Medicines Formulary New additions and changes

**Luforbec 100/6 for asthma and COPD and 200/6 MDI inhaler for asthma only (Green)** - Added as preferred cost-effective choice where indicated. Fostair remains available as second line choice where Luforbec is not tolerated.

**Adjuvant bisphosphonates in early breast cancer**—Formulary choices have been reviewed and aligned. Zoledronic acid remains first line (Red), with sodium clodronate for second line use (SpA). NB: Ibandronic acid 50mg has been removed from Beds/Luton Formulary (existing patients may remain on treatment).

**Paraldehyde injection and Paraldehyde 50% in olive oil rectal solution for status epilepticus**—Added to Milton Keynes Formulary (Red)

**Actinic Keratosis Formulary choices of topical agents**—Review of Formulary choices to align with national recommendations as outlined in Ardens templates. Available products carry a Green designation (previously SpA)

**Heparin (10 units / ml and 100 units / ml) as flushes for paediatric community nursing services**— Changed from Red to SpA to enable to supply for patients under the care of community nurses when maintaining patency of lines.

**Micronised progesterone (Gepretix) for Hormone Replacement Therapy**—Added (Green, first choice) alongside Utrogestan. Gepretix is a cost-effective identical product to Utrogestan.

**Melatonin (Ceyesto) oral solution for insomnia in children and adolescents aged 6-17 years with attention deficit hyperactivity disorder (ADHD), where sleep hygiene measures have been insufficient**—Added to Formulary to replace Kidmel and Colonis liquids. Ceyesto liquid is licensed and cost-effective but with the same composition and flavour as Kidmel. SCG for Beds/Luton and SpA for Milton Keynes (MK). NB: Ceyesto may also be used for off-license indications in children where clinically appropriate.

**Ximluci** - Cost-effective biosimilar ranibizumab brand added (Red) to both Formularies

**Yuflyma** – Cost-effective biosimilar adalimumab added (Red) to MK Formulary

**Levonorgestrel 20 micrograms/24 hours Intrauterine Delivery System (Benilexa One Handed Intrauterine Device)** - Added (Green) alongside Mirena and other long acting reversible contraceptives. Benilexa is a cost-effective device similar to Mirena. NB: Benilexa is licensed only for Heavy Menstrual Bleeding and Contraception (Not licensed for endometrial protection with oestrogen replacement therapy).

**Torsemide for use during bumetanide shortage**—Temporary addition of torsemide (Green) for use where furosemide is not a suitable alternative and bumetanide cannot be obtained.

**Review and update of cost-effective Combined Oral Contraceptives**—See Formulary for details of choices.

## Updated local guidance for choice of glucose testing meters and testing strips

- Category 1a & 1b - Meters and strips which are suitable for most people with type 1 and ketosis prone type 2 diabetes. Most people with T1DM (especially if at risk of DKA) will need a meter with a ketone testing functionality even if using a CGM device. Also included in this category are those who may have received structured education on additional functionality such as carbohydrate counting. Choices are: 4Sure Smart Duo, CareSens Dual.
- Category 2 - Meters and strips which are suitable for most people with Type 2 diabetes (~ 90% of eligible T2DM patients will be suitable for these meters) Choices are: Finetest Lite smart, CareSens S Fit BT, Contour Plus Blue, GlucoRx Q, Palmdoc 2
- **NB: CareSens S will replace TEE2 meters. New patients and those requiring a replacement of their old meter should be switched to CareSens S device.**
- Category 3 - Meters and strips which are suitable for people with Type 2 diabetes that require additional functionality. Choices are: Wavesense Jazz (wireless), Palmdoc 2 (multilingual/speaking features), Gluco Rx Nexus Voice (second line option speaking meter registered blind/ visually impaired).