

How to save an Ardens SystmOne template as a PDF

1. Complete the Ardens template. An example of a completed template (can include more than shown, screenshot for demonstration purposes only):

Fri 15 May 2020 11:42 - Surgery [REDACTED]

BP 120 / 80 mmHg (Side: Left)

✓ **Vitals & Lifestyle**

Recordings

BP (Left Arm): 120 / 80 (Left)
Weight: 60 Kg (9 st 6 lb) Recorded by care home 14/04/2020.
BMI: 26.67 Kg/m²

🔍 **Drug Review**

Overview

Medication review done: Yes
Allergies checked & reconciled: Yes

Review

Administration: Requires prompting to take medication (YA462)
Compliance: Drug compliance good (8B3E.)
Indications: Indication for each drug checked (XaJjx)
Interactions: No significant drug interactions (XaJKN)
MAR chart: MAR (medication administration record) chart required (XacpR)
Understanding: Patient does not understand why taking all medication (XaJKX)

Polypharmacy

Need + indication checked: Yes
Evidence and guidelines checked: Yes
Adverse events checked: Yes
Risk reduction or prevention: Yes
Simplification + switches checked: Yes See Notes.
No. of drugs stopped: 2
ACB Scale score: 3
Polypharmacy medication review: Yes

Notes

Medication history: TEST TEST TEST.

PMH noted. Noted admitted to BHT Dec 2018 with chest pain - diagnosed with unstable angina and started on atorvastatin, bisoprolol & ramipril. Previous admission (July 2018) following a fall. Last flu vaccine recorded as Nov 2014 - ?? No pneumococcal?
Home report [REDACTED] is mobile, weight bearing, uses 2 sticks (which home do not believe is particularly safe, but [REDACTED] will not accept a frame), gets pain in the morning and evening (paracetamol & codeine utilised). C/O not sleeping but staff report does sleep well (also sleeps in the day, which seems to be a relatively new thing. Eats and drinks well - but can be a fussy eater. Home report mood is up and down. Wears pads for reassurance but can go to the toilet independently.

Medication plan: 1. Amitriptyline 10mg tablet - Take one each evening. Started 21/10/19 by GP for pins and needles in both hands - query neuropathy (not diabetic). Caution h/o unstable angina. As per home resident has not complained of pins & needles and are happy to trial stopping [REDACTED] gets fed up with lots of tablets). Discussed with GP - Happy to stop as on lowest dose.
2. Aspirin 75mg dispersible tablets x 28 tablet - Take one daily. For unstable angina / vascular dementia. Initially prescribed 2003 to 2008 - stopped Dec 2008 as pt not taking. Restarted July 2018 during admission to hospital following a fall. Query needs gastroprotection - cannot see has ever had a PPI. Home report nil bleeding or bruising - home report she would be happy to try a PPI. Discussed with GP - in agreement to start PPI, therefore lansoprazole added (see below).
3. Atorvastatin 80mg tablets x 28 tablet - Take ONE tablet DAILY in the evening to lower cholesterol. Started by hospital during admission Dec 2018 - for hypercholesterolaemia, secondary prevention (unstable angina) and vascular dementia. Last routine bloods 16/12/19: LFTs checked, total cholesterol = 3.9mmol/L - LFTs NAD and cholesterol well controlled. Nil issues. As H/o rhabdomyolysis and cholesterol well controlled, agreed with GP to reduce dose to 40mg OD.
4. Bisoprolol 1.25mg tablets x 28 tablet - Take ONE tablet DAILY for unstable angina. Started by hospital during admission Dec 2018 - for unstable angina. Last BP = 140/80mmHg (21/10/19), pulse = 82 (01/11/18). Home report has had a recent fall but was mechanical when trying to go outside for a cigarette. No dizziness. Continue.
5. Codeine 30mg tablets x 100 tablet - Take one up to 4 times/day as required for back pain. Started on repeat Feb 2019 by GP for severe back pain (pt very distressed). Resident has h/o lumbar spine degeneration. Home report has one every morning and evening - changed quantity to 56. No constipation noted.
6. Folic acid 5mg tablets x 28 tablet - Take one daily. Has been taking June 2017. Last folate level Nov 2018 >20 - query ongoing need. Queried ongoing need with GP - in agreement to stop.

🔴 **Drug Monitoring**

🏠 **Pharmacist**

Seen by pharmacist: Yes
Encounter: Medication review of medical notes (XaJCN)
Reason 1: Medication review done by medicines management pharmacist (XaXBe)
Notes: Medication review completed with GP (name) & carer (name) on 15/05/2020.
Plan: See drug review template.
Action 1: Advice to stop drug treatment (XaA02)
Action 2: Treatment dose changed (XM1Yf)
Action 3: New medication added (XM1Y8)

🔴 **ACEi + ARB Monitoring**

Blood tests checked: Yes
AKI + sick day guidance: Yes
Target: Patient on maximal tolerated ACE inhibitor therapy (XaKSQ)

2. Select the consultation to be saved/printed. The consultation should turn blue.

The screenshot displays a medical software interface with the following components:

- Menu Bar:** Patient, Appointments, Reporting, Audit, Setup, Links, Dispensing, Clinical Tools, Workflow, User, System, Help.
- Toolbar:** Search, Task, Appts, Visits, Discard, Save, Details, Next, Doc Lib..., Acute, How d..., Recepti..., Dr's Th..., Active..., Nurse's..., D Menu.
- Header:** Mr. Mighty Mouse 01 Feb 1930 (90 y) M, Mouse Hole, Bedford MK40 3NG, Home (preferred): NOPHONE Private, Goldington Medical Practice, DEFAULT.
- Navigation Buttons:** Start Consultation, Next Event, Event Details, Pathology, Drawing, Auto-Consultation, Settings.
- Sidebar (Left):** Clinical, Administrative, Patient Home, Summary Care Record, Quick Glance, QOF Alerts & Analysis, QOF Timeline, Major Active Problems (2), Minor Active Problems (29), Inactive Problems, MED3 Statements (3), Summary & Family History (28), Read Code Journal (470), New Journal (highlighted), Tabbed Journal, Communications & Letters (30), Referrals (1), Record Attachments (15), Protocols, Reminders (4), SMS, Tasks, Medication, Repeat Templates (1), Prescription History (124), Contraception & Allergies (6).
- Main Content Area:**
 - Header:** New Journal
 - Message:** Searching in the journal shows results after any applied filtering. This does not include results from consultations in collapsed admissions. The search box only searches on patient data currently visible in the journal. This message can be hidden by going to User > User Preferences > Patient Record > New Journal and disabling the 'Show search warning' check box.
 - Filter:** Custom Filter
 - Consultation Record:**
 - Date: Fri 15 May 2020
 - Time: 11:42 - Surgen [redacted] (Adviser)
 - Vitals: BP 120 / 80 mmHg (Side: Left)
 - Vitals & Lifestyle: ✓
 - Recordings: BP (Left Arm): 120 / 80 (Left), Weight: 60 Kg (9 st 6 lb) Recorded by care home 14/04/2020, BMI: 26.67 Kg/m²
 - Drug Review: Overview (Medication review done: Yes, Allergies checked & reconciled: Yes), Review (Administration: Requires prompting to take medication (YA462), Compliance: Drug compliance good (8B3E), Indications: Indication for each drug checked (XaJjX), Interactions: No significant drug interactions (XaJKN), MAR chart: MAR (medication administration record) chart required (XacpR), Understanding: Patient does not understand why taking all medication (XaJKX))
 - Polypharmacy: Need + indication checked: Yes, Evidence and guidelines checked: Yes, Adverse events checked: Yes, Risk reduction or prevention: Yes, Simplification + switches checked: Yes See Notes, No. of drugs stopped: 2, ACB Scale score: 3, Polypharmacy medication review: Yes
 - Notes: [redacted]

- Click 'Print Consultation'.
(NB: This action will not print the document.)

New Journal

Searching in the journal shows results after any applied filtering. This does not include Record > New Journal and disabling the 'Show search warning' check box.

CP | BP 120 / 80 mmHg (Side: Left) | Custom Filter

✓ Vitals & Lifestyle Recordings
BP (Left Arm): 120 / 80 (Left)
Weight: 60 Kg (9 st 6 lb) Recorded by care home 14/04/2020.
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🔍 Drug Review

Mr. Mighty Mouse 01 Feb 1930 (90 y) M
Mouse Hole, Bedford MK40 3NG
Home (preferred): NOPHONE Private, Goldington Medical Practice, DEFAULT

Start Consultation | Next Event | Event Details | Pathology | Drawing | Auto-Consultation | Settings

New Journal

Searching in the journal shows results after any applied filtering. This does not include results from consultations in collapsed admissions. The search box only searches on patient data currently visible in the journal. This message can be hidden by going to User > User Preferences > Patient Record > New Journal and disabling the 'Show search warning' check box.

CP | BP 120 / 80 mmHg (Side: Left) | Custom Filter

En 15 May 2020 | 11:42 - Surgeon (Advised)

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Understanding: Patient does not understand why taking all medication (XaJkO)

Polypharmacy
Need = indication checked: Yes
Evidence and guidelines checked: Yes
Adverse events checked: Yes
Risk reduction or prevention: Yes
Simplification = switches checked: Yes See Notes.
No. of drugs stopped: 2
ACB Scale score: 3
Polypharmacy medication review: Yes

Notes

4. Ensure 'Print the selected consultations' is selected. Click 'print'. (NB: This action will not print the document.)

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Print Consultations

Print consultations for today

Print consultations for a specific date

Print the selected consultations

Print Cancel

5. This opens a Word document of the selected consultation. The document can be amended as needed for the recipient.
6. It is advisable to save the document as a PDF, to ensure it cannot be altered unauthorised.

To save as a PDF: File > Save As > Select file location and rename as appropriate > Select PDF in the 'Save As Type' drop down list. This will save the file as a PDF document, which can be sent to care homes via NHS.net or printed, if required.

