

CONVERSION CHART

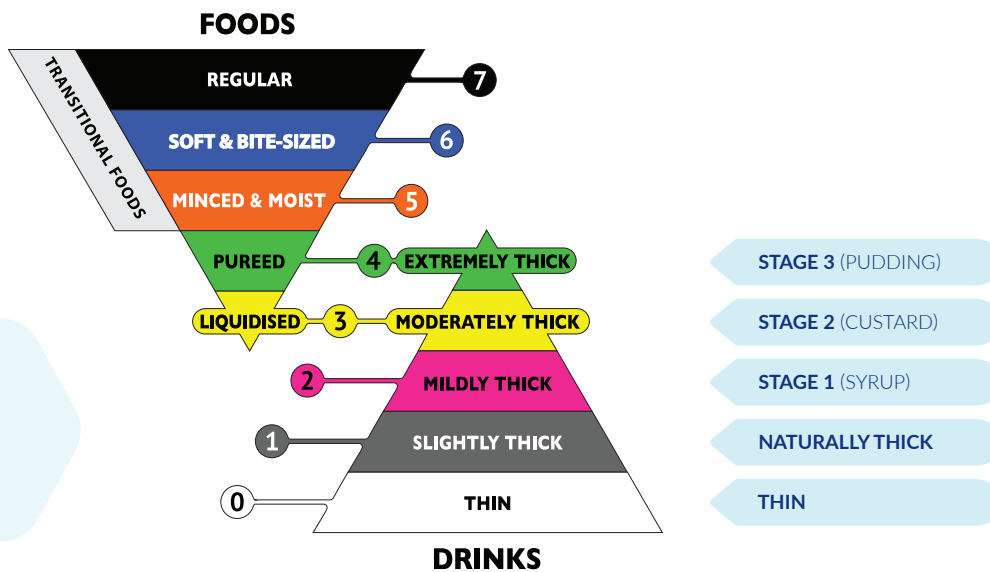
RESOURCE® THICKENUP™ CLEAR AND THE IDDSI FRAMEWORK



STAGES	IDDSI LEVELS	SCOOPS/SACHETS PER 200ml
NATURALLY THICK	LEVEL 1 (SLIGHTLY THICK)	x1 or x1
STAGE 1 (SYRUP)	LEVEL 2 (MILDLY THICK)	x2 or x2
STAGE 2 (CUSTARD)	LEVEL 3 (MODERATELY THICK)	x4 or x4
STAGE 3 (PUDDING)	LEVEL 4 (EXTREMELY THICK)	x8* or x8*

*For Level 4 water add Resource® ThickenUp™ Clear as needed, to achieve the appropriate consistency
1 scoop/1 sachet = 1.2g

THE IDDSI FRAMEWORK



Visit the N+ Education Hub to request IDDSI training www.nestlehealthscience.co.uk/nplus
For more information please contact your local Nestlé Health Science representative or call 00800 6887 4846