

**BEDFORDSHIRE AND LUTON JOINT PRESCRIBING COMMITTEE (JPC)**

**April 2019**

**Review: April 2022**

**Bulletin 273: JPC Guidance for the Prescribing of Camouflage Creams in Primary Care.**

**Background**

As part of the alignment of medicine formularies across Bedfordshire and Luton, the Formulary working group asked the JPC to produce guidance on the criteria for the use of camouflage creams.

**JPC Recommendation:-**

The committee approved new local guidance for the use of camouflage creams and criteria for patient access via NHS prescription:

- Prior to prescribing, **self-care options** should be considered.

**If NHS Prescribing is required, the following recommendations apply:-**

- The prescribing of camouflage creams by clinicians is only supported if the patient has a disfiguring facial condition that is causing distress, impacting in a restrictive way on the patient's life.

**Prior to prescribing:-**

- The patient should be referred to a Secondary Care Specialist for advice on optimal management and investigation of any underlying cause.
- The patient should be referred to a trained skin camouflage practitioner for colour matching.

**Bedfordshire CCG**

**Luton CCG**