**Communication from Diabetes Specialist Team regarding initiation of CGM**

**NHS Number: ..…………………………………………………………………..**

**Name: ……………………………………………………………………**

**D.O.B.: ……………………………………………………………………**

Dear Healthcare Professional,

Your patient was seen recently by the diabetes specialist team and has been started on a **Continuous Glucose Monitoring (CGM)** device. This should allow easier monitoring of blood glucose, aid glycaemic control and improve quality of life.

I would be grateful if you can add the CGM to your patient’s repeat prescription and at the same time review the quantity of Blood Glucose Testing Strips available on repeat prescription (please reduce the quantity on each script but do not reject requests for testing strips).

*Please delete as appropriate*

1. **Please ADD** Freestyle Libre 2 sensors x 2 packs/kits

Dexcom One sensors x 3 packs/kits (1 month’s supply)

Dexcom One transmitter (One transmitter lasts 3 months)

(This supply of sensors should be sufficient for 1 month supply – please add to repeat prescriptions)

**OR**

**Please NOTE:** The patient has been initiated on a CGM device *(insert name of device)* which

will be supplied by their diabetes specialist team.

1. **Please REVIEW**: Blood Glucose Testing Strips (BGTS) **quantity** prescribed on repeat prescription. We would suggest prescribing 50-100 strips at a time. If there is a higher than expected frequency of requests then please discuss this with the patient or advise them to discuss with their diabetes specialist team. Do not restrict access of testing strips.

(People using CGM will usually only need to test with BGTS once daily although some patients may require more frequent testing, particularly if their CGM readings do not correlate entirely with symptoms)

BGTS strips should be aligned with BLMK formulary preferred choices.

[Milton Keynes](https://formularymk.nhs.uk/chaptersSubDetails.asp?FormularySectionID=6&SubSectionRef=06.01.06&SubSectionID=B100&drugmatch=5096#5096); [Bedfordshire](https://www.bedsformulary.nhs.uk/chaptersSubDetails.asp?FormularySectionID=6&SubSectionRef=06.01.06&SubSectionID=B100&drugmatch=5236#5236) and Luton.   
  
Your patient will be followed up by the specialist team.

Further information regarding CGM guidance within BLMK can be found at [Blood Glucose Monitoring – NEW – BLMKCCG Medicines Management (icb.nhs.uk)](https://medicines.bedfordshirelutonandmiltonkeynes.icb.nhs.uk/categories/apc/blood-glucose-monitoring/)

Thank you for your help,

**Diabetes Specialist Team** *(insert contact details here)*