**Communication from Diabetes Specialist Team regarding initiation of CGM in Type 2 Pregnancy**

**NHS Number: ..…………………………………………………………………..**

**Name: ……………………………………………………………………**

**D.O.B.: ……………………………………………………………………**

Dear Healthcare Professional,

Your patient was seen recently by the diabetes specialist team and has been started on a **Continuous Glucose Monitoring (CGM)** device for the duration of their pregnancy. This should allow easier monitoring of blood glucose, aid glycaemic control and improve quality of life.

I would be grateful if you can add the CGM and stop date to your patient’s repeat prescription and at the same time review the quantity of Blood Glucose Testing Strips available on repeat

prescription (please reduce the quantity on each script but do not reject requests for testing strips).

**This device should be stopped on** *(insert date).*

*Please delete as appropriate*

1. **Please ADD** Freestyle Libre 2 sensors x 2 packs/kits

Dexcom One sensors x 3 packs/kits (1 month’s supply)

Dexcom One transmitter (One transmitter lasts 3 months)

**STOP DATE to the prescription entry**

(This supply of sensors should be sufficient for 1 month supply – please add to repeat prescriptions)

1. **REVIEW**: Blood Glucose Testing Strips (BGTS) **quantity** prescribed on repeat prescription. We would suggest prescribing 50-100 strips at a time. If there is a higher than expected frequency of requests then please discuss this with the patient or advise them to discuss with their diabetes specialist team. Do not restrict access of testing strips.

(People using CGM will usually only need to test with BGTS once daily although some patients may require more frequent testing, particularly if their CGM readings do not correlate entirely with symptoms)

BGTS strips should be aligned with BLMK formulary preferred choices.

[Milton Keynes](https://formularymk.nhs.uk/chaptersSubDetails.asp?FormularySectionID=6&SubSectionRef=06.01.06&SubSectionID=B100&drugmatch=5096#5096); [Bedfordshire](https://www.bedsformulary.nhs.uk/chaptersSubDetails.asp?FormularySectionID=6&SubSectionRef=06.01.06&SubSectionID=B100&drugmatch=5236#5236) and Luton.   
  
Your patient will be followed up by the specialist team.

Further information regarding CGM guidance within BLMK can be found at [Blood Glucose Monitoring – NEW – BLMKCCG Medicines Management (icb.nhs.uk)](https://medicines.bedfordshirelutonandmiltonkeynes.icb.nhs.uk/categories/apc/blood-glucose-monitoring/)

Thank you for your help,

**Diabetes Specialist Team** *(insert contact details here)*