A Preconception Counselling Clinic (PCC) is being piloted at Luton and Dunstable Hospital.

This is a monthly clinic aimed at improving care for high risk women of reproductive age who are thinking of becoming pregnant.

The referral criteria include: type II diabetes, hypertension, high BMI (>35) & medication advice.

The referral form is now available on the Meds Management website for you to access and begin referring women.

Preconception counselling is key to improving pregnancy outcomes and reducing maternal morbidity and mortality (Ockenden and MBRRACE reports).

We look forward to working with you.