

Bronchiolitis

Keeping your baby well

We are expecting more babies to catch respiratory illnesses this year, due to reduced immunity in the community.

Wash your hands before you touch your baby

Keeping clean hands is a fantastic way to stop the spread of any virus

Cover your face around your baby

Consider covering your face around your baby if you have a cold

Keep space around your baby

Try to keep space between your baby and anyone with a cold or other infections

Worried about your child?

Dial 111 or call your GP

When to ask for immediate help:

- If your baby is having difficulty breathing
- If your baby's tongue or lips are blue
- If there are long pauses in your baby's breathing
- If your baby is unable to feed

Then 999 is your best option

Helpful Information:

